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Emotional Support Animals Documentation Requirements

It is important to understand that an emotional support animal (ESA) is part of a therapeutic process and is meant to reduce the impact of long-term mental health issues/disabilities. A person requesting an ESA must be working closely and therapeutically with a therapist/counselor/doctor who is qualified to make the determination that an ESA is a necessary part of their treatment. If a therapeutic relationship exists with the therapist/counselor/doctor, then the service provider must write a detailed letter with the following information:

1. An acknowledgment of the therapeutic relationship and length of time that they have been working together (This must be more than a couple of meetings. It needs to be ongoing and therapeutic in nature.)
2. Statement of the specific diagnosed disability/disabilities
3. Statement of the significant impacts of the diagnosed disability/disabilities. This must include the functional limitations of the disability/disabilities.
4. Description of the therapeutic interventions that have been used in the past
5. Explanation of the therapeutic rationale for having an animal in the residential hall.

****The letter cannot come from an online source that solely provides ESA documentation for fees. The document can be sent to info@odurent.com for processing.****